

News & Views



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Welcome

...to the November edition of *News & Views*, the newsletter of Charnwood u3a. We hope you'll find it both entertaining and informative. The content is written by members, and details for sending contributions can be found on the last page.



Our Next Monthly Meeting: How to Read a House



See page 2
for details

View from the Chair



The clocks have changed, winter's here and I'm trying not to mention the 'C' word, even though it's been lurking on the High Street since August. Are you one of those admirable people who start their festive shopping early? Before I can think of starting a 'to do' list I need to declutter. According to the gurus of interior design, this means more than tidying up and donating to charity; it also means 'curating' every part of your house, including the fridge. You thought a curator was somebody employed by a museum to look after exhibits? Well, curating now means organising everything, including your fridge contents, in a healthy and aesthetically pleasing manner.

Past experience tells me that when 'curating', you have to be careful not to throw away anything that was lovingly given last year, even if you already had two arthritic can openers and more slipper socks than anybody can use their lifetime. For me, anything that holds memories has to stay. I may have completely forgotten when and why I wore that red dress – and looking at the size I can't believe I ever got into it – but stay it must. As for books, my bookshelves are my wallpaper, so getting rid of them would mean redecorating. No chance.

I've decided I can put off the curating at least till the end of November because, as you'll see in this edition of the newsletter, there's so much going on in our u3a. It was lovely to see both new and familiar faces at the Group Leaders meeting this week. We wouldn't exist without our group activities, so a big thank you to everyone who helps run them. Remember that there doesn't have to be a single 'leader' in any of our groups. The u3a works 'by the members for the members', so please ask if you can help in any way.

A positive final note: I've just read that decluttering is not good for you. According to the Association of Professional Declutterers and Organisers (Yes, really!) it's causing more stress than joy. So I'll shove a few more things under the stairs, dust the bookshelves and remove those overly fragrant sauces from the fridge. Then I'll resign myself to being that other kind of curator – looking after a museum of largely useless but irreplaceable stuff.

Our Website

Check out our website at: www.charnwoodu3a.org.uk for lots of information about Charnwood u3a: our meetings, trips, all our Groups and much more.

Pam
chair@charnwoodu3a.org.uk
07974 946007

Our Monthly Meetings

The monthly meetings of Charnwood u3a are on the **second Wednesday afternoon, 2.15 for 2.30 pm in Emmanuel Church**, Forest Road, Loughborough. The main car park for the church is accessed via Ingle Pingle, to the west of the church. Our monthly meetings are free to all, and we welcome prospective new members attending a meeting as a 'taster'. New members are invited to arrive at 2 pm to meet other members before the main meeting. If you think you'll need any assistance at the meeting, please contact our Chair in advance on chair@charnwoodu3a.org.uk

Last month, we were treated to a very interesting talk and tasting session courtesy of **Bertie of Butterflies Chocolates** (pictured right, holding a cacao pod). We learnt how various types and flavours of chocolate are made, and with lots of samples for everyone to taste, it was a chocoholics delight!

If you missed this meeting, you can catch up with it (but not the chocolate tasting!) for a few more days via the YouTube link sent by our Chair on 7th October.



Our Next Meeting Wednesday 13th November

How to Read a House with Janet Spavold

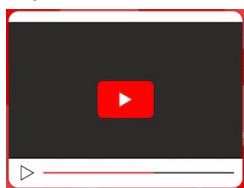


For this month's talk, we welcome professional historian Janet Spavold, who will tell us how to discover lots of clues to the history of a building just by looking at it – if you know what to look for!

Janet is a retired university lecturer and as well as her interest in the history of houses, she is the co-author of the book *Ticknall Pots and Potters*, about the extensive but neglected pottery industry in Ticknall, showing its importance over four centuries.

To attend this meeting:

If you wish to attend the meeting in person, no prebooking is required - just turn up on the day, with your Cu3a membership card, if you have one. **If you are a new member, or attending a monthly meeting for the first time, you are invited to arrive at 2 pm.** Otherwise, please aim to arrive about 2:15 for a prompt start at 2:30 pm.

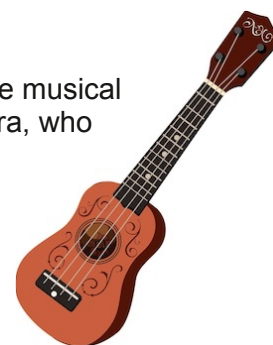


If you are unable to attend in person and would like to follow the meeting online (via YouTube), again no prebooking is required. All members who have supplied an email address will be sent a link to the live stream a few days beforehand in a reminder email from the Chair.

Looking Ahead:

For our **December** meeting, as has been customary in recent years, we will have some musical entertainment. This year, we will be treated to a concert by the Quorn Ukelele Orchestra, who will be sure to delight our ears with their music and songs.

For more information on upcoming meetings, see the **Monthly Meetings** page under the 'Events' menu on our website <https://www.charnwoodu3a.org.uk> (login needed to see details beyond title/speaker). Also see the August issue of *News & Views* for the programme of meetings up to next February.



Group News

Opera Visits

The annual return to Nottingham Theatre Royal of Opera North will be **20th, 21st and 23rd November**.

They will be performing:

- **A MIDSUMMER NIGHT'S DREAM** by Britten;
 - **RUDDIGORE** by Gilbert and Sullivan;
- and perhaps the most delightful opera:
- **THE MAGIC FLUTE** by Mozart.

If you are interested in going to any of these, please email dianaharvey2002@yahoo.co.uk or telephone 01509 232227.



For further details, see:
<https://tinyurl.com/yc8jxjdz>

Theatre Royal Nottingham.
Photo: mattbuck
CC BY-SA 2.0

Do you enjoy playing with words?

If so, then **SCRABBLE 1** has two vacant places which we would like to fill.

We are a friendly group which meets at 10.00 am on the second and fourth Friday of each month at our venue in Barrow. Each session lasts for about 2 hours.

If you are interested in joining us, please contact the Group Leader George Ince by email at Scrabble1@charnwoodu3a.org.uk for more information and details.



What's On Locally?

See pages 9-10 for a selection of upcoming local events. More can be found at Discover Charnwood:
<https://www.discovercharnwood.co.uk/events>

Other Cu3a News

Next EDI Meeting

Monday 18th November
2 pm, Gorse Covert Community Centre

At our next EDI (Equality, Diversity & Inclusion) meeting on 18th November, we will discuss what progress has been made recently in welcoming new members, as well as discussing feedback from the recent Group Leaders meeting, plus any other topics members wish to raise.



If you have any comments or suggestions on EDI matters, or if you might be interested in joining the EDI team (who normally meet once every 2 months at Gorse Covert) please email newsletter@charnwoodu3a.org.uk

Helen Reid

Coffee & Chat

Wednesday 20th November
10 am - 12 noon, John Storer House

Our next Coffee & Chat session will be in the (ground floor) café at John Storer House in Wards End, Loughborough on the morning of Wednesday 20th November, from 10 am to midday.

These drop-in sessions are for any member - old or new - who would like to meet up with other members for a cup of tea or coffee and a chat in an informal setting. All welcome!



Donation to Charnwood u3a

One of our members recently took a holiday with Riviera Travel and took advantage of their charity donation scheme to our benefit. Anyone booking directly with Riviera, whether a u3a member or not, can nominate Charnwood u3a. Then Riviera send 10% of the cost of the holiday to the Third Age Trust who deduct a small handling fee and send the balance to us – so we get 9% of booking costs. For further information, see their advertisements in u3a Matters magazine.

Out and About

Days of Interest Group – Liverpool

We were off to Liverpool in October - an exciting and lively city to explore.

We were dropped off at the Royal Albert Dock – now the number one tourist attraction in Liverpool, with its galleries, shops, bars and cafes and museums, but once an innovative working dockyard. A café in the docks was many of our group's first stop after leaving the coach and before going on to explore Liverpool's many attractions.



The Albert Dock is also home to a statue of 60s singing star and Liverpudlian Billy Fury. The statue (*pictured left*) is close by the Piermaster's House and overlooks the Mersey, where Billy – real name Ronald Wycherley – once worked on tugboats.



Some of the group went on one of the many “hop on, hop off” bus routes to explore the city. The routes take in all the major Liverpool tourist attractions with stops at both the Metropolitan Cathedral and Liverpool Cathedrals, the Cavern Quarter, the Brewery Village, the museum and gallery area in the centre of the city and Liverpool One, the major shopping area. So opportunities to take in religious architecture, culture, nostalgia via the The Beatles and shopping, depending upon your interests. Others in the group investigated the city by foot.

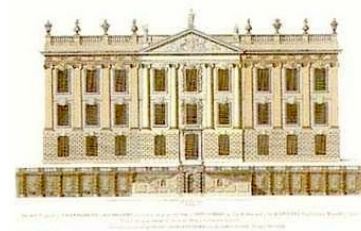
On the way back, our driver also took us on a coach tour of Loughborough University site – an extra to end the day.

We have places available for any Charnwood u3a members on our next trip – it's our Christmas one:-

Saturday 30th November – Christmas at Chatsworth (House & Market)

Price per person £50.00.

We leave Park Road Tesco at 09:30



After visiting the market, immerse yourself in a Christmas feast for the senses with the magic and wonder of a new festive story: Henry and the Lion's Christmas Feast. Young Henry Cavendish, budding experimental scientist and grandson of the 2nd Duke of Devonshire, is searching for the legendary Chatsworth lion, while the lion is on the hunt for a delicious Christmas feast!

Join them, and a mischievous menace of mice, as you travel through over 20 rooms in the house, each filled with festive decorations, twinkling lights, and surprises designed to ignite your imagination and encourage you to see things from a new perspective.

Please note Tesco allow us to park our cars for the duration of these trips without payment. For more details please contact Pauline May – details as below.

You may also wish to join us at Longcliffe Golf club on Saturday 15th February 2025, for our annual meal together.

If you are interested in coming along on either of these trips or joining the Days of Interest Group, please contact Pauline May by email at DaysofInterest@charnwoodu3a.org.uk or by telephone on 07455 167929 for details.

10+ Walking Group: Vikings to the Cold War



With a very wet weather forecast, only 3 brave (not sure if that's the right term!!) walkers started from Poppy Woods near Melbourne.

We then walked past Seven Spouts Farm, the Viking Burial ground and through Foremark Hall grounds (now a part of Repton School). Refuge was taken in St Saviours Church (*pictured below*) for a coffee break.

After passing through Milton, we headed off towards Ticknall for a pub lunch, where 2 of our group who opted to miss the wet walk met us for lunch.

After drying off a little, we headed through Stantons Wood and Robins Wood and then investigated a Royal Observer Corps (ROC) Cold War observation bunker (*pictured below*) before heading back to our cars. Our wet weather gear was thoroughly tested.

Thanks to John Samson for the great photos.

Mike Hill



MON	TUE	WED	THU	FRI
November 2024 Calendar				
<p><i>Please note: Whilst every effort has been made to show the dates/times of meetings as accurately as possible, errors and changes may occur, so you should check with group leaders for confirmation.</i></p>				
<p>PLUS at Weekends: Sunday Lunch Club (8th Nov), Days of Interest trip to Chatsworth (30th Nov)</p> <p><i>Please send any amendments for future issues to:</i> newsletter@charnwoodu3a.org.uk</p>				
<p>4 Nov 09.30 Yoga 10.00 Craft+Self Help 11.00 Table Tennis 1 13.30 Canasta 2 14.00 Current Affairs</p>	<p>5 Nov 09.30 Pilates 2 10.00 10+ Walks 10.00 Spanish 10.45 Fix I.T. Clinic 10.45 Pilates 3 11.00 Table Tennis 2 12.00 Pilates 4 14.00 Canasta 1 14.00 Canasta1Quorn 14.00 Sing4Pleasure 15.30 Pickleball</p>	<p>6 Nov 10.00 Drama 10.00 German 10.00 Golf 10.00 JigsawBookEx 10.00 Mini Tennis 10.00 Scottish Dance 10.30 Papercraft 11.00 Table Tennis 3 14.00 Cribbage 2 14.00 French Improve 14.00 Reading Group 14.00 Scrabble 2 14.00 Sustain Planet</p>	<p>7 Nov 10.00 Spanish Conv 11.00 Table Tennis 4 13.30 Sci & Tech 14.00 Bowls Indoor 14.00 French Conv 14.00 Line Dance 2 19.00 Canasta 3</p>	<p>1 Nov 09.00 Badminton 10.00 German: RTC 10.00 Knit & Natter 10.00 Line Dance 10.00 Mah Jong 10.00 Table Tennis 7 10.30 Photography 10.30 Tai Chi 11.00 Table Tennis 5 12.00 Lunch Club 12.00 Table Tennis 6 13.30 Pilates 1</p>
<p>11 Nov 09.30 Yoga 10.00 Craft+Self Help 10.00 Poetry 1 11.00 Table Tennis 1 14.00 Archaeology 14.00 Chess 14.00 Digital Imaging 14.00 Quiz group</p>	<p>12 Nov 09.30 Pilates 2 10.00 Scrabble 3 10.45 Fix I.T. Clinic 10.45 Pilates 3 11.00 Table Tennis 2 12.00 Pilates 4 14.00 Canasta 1 14.00 Eng Parish Ch 15.30 Pickleball</p>	<p>13 Nov 10.00 Committee 10.00 Golf 10.00 Mini Tennis 11.00 Table Tennis 3 14.30 Monthly Meet 19.00 Canasta2Quorn</p>	<p>14 Nov 10.00 Thurs 6 Milers 11.00 Table Tennis 4 14.00 Bowls Indoor 14.00 Line Dance 2</p>	<p>15 Nov 09.00 Badminton 10.00 German: RTC 10.00 Line Dance 10.00 Mah Jong 10.00 Table Tennis 7 10.30 Photography 10.30 Tai Chi 11.00 Table Tennis 5 12.00 Table Tennis 6 13.30 Pilates 1 14.00 Art Apprec'n</p>
<p>18 Nov 09.30 Yoga 10.00 Craft+Self Help 11.00 Table Tennis 1 13.30 Canasta 2 14.00 EDI meeting 14.00 Gardening 14.00 Painting</p>	<p>19 Nov 09.30 Pilates 2 10.00 6+ Walks 10.00 Needlecraft 2 10.00 Recorder 10.00 Spanish 10.45 Fix I.T. Clinic 10.45 Pilates 3 11.00 Table Tennis 2 12.00 Pilates 4 14.00 Canasta 1 14.00 Sing4Pleasure 15.30 Pickleball</p>	<p>20 Nov 10.00 German 10.00 Golf 10.00 Mini Tennis 10.00 Poetry 2 10.00 Scottish Dance 11.00 Table Tennis 3 14.00 Cribbage 2 14.00 Family History 14.00 French Improve 14.00 Italian Conv 14.00 Scrabble 2</p>	<p>21 Nov 09.45 CC Walks 11.00 Table Tennis 4 14.00 Bowls Indoor 14.00 Coffee & Chat 14.00 French Conv 14.00 Line Dance 2 14.15 Scrabble 4 18.30 Supper Club 2</p>	<p>22 Nov 09.00 Badminton 10.00 Line Dance 10.00 Mah Jong 10.00 Scrabble 1 10.00 Table Tennis 7 10.30 Tai Chi 11.00 Table Tennis 5 12.00 Table Tennis 6 13.30 Pilates 1 19.30 Wine Apprec'n</p>
<p>25 Nov 09.30 Yoga 10.00 Craft+Self Help 11.00 Table Tennis 1 14.00 Chess 14.00 Local History</p>	<p>26 Nov 09.30 Pilates 2 10.00 ETHEL 10.00 Scrabble 3 10.45 Fix I.T. Clinic 10.45 Pilates 3 11.00 Table Tennis 2 12.00 Pilates 4 14.00 Canasta 1 14.00 Philosophy 1 15.30 Pickleball</p>	<p>27 Nov 10.00 Golf 10.00 History 10.00 Mini Tennis 10.00 Scottish Dance 11.00 Table Tennis 3 14.00 Classical Music 14.00 Travel Group 18.30 Supper Club 1</p>	<p>28 Nov 10.00 Philosophy 2 10.00 Thurs 6 Milers 11.00 Table Tennis 4 14.00 Architecture 14.00 Bowls Indoor 14.00 Line Dance 2</p>	<p>29 Nov 09.00 Badminton 10.00 Line Dance 10.00 Mah Jong 10.00 Table Tennis 7 10.30 Tai Chi 11.00 Table Tennis 5 12.00 Table Tennis 6 13.30 Pilates 1</p>

Robert's Recommended Reads

Cu3a member **Robert Jackson's** recommendations for November are two absorbing thrillers by Len Deighton and Graham Greene.

Mamista by **Len Deighton**

published in 1991



Len Deighton photographed for The Daily Telegraph in 2009. Interview republished 19 Feb 2017

Widely acclaimed for his exceptional spy thrillers, Mamista is one of Len Deighton's less well known novels.

The story is set mainly in the fictional South American country of Spanish Guiana. The central character is American citizen Angel Paz. Privileged and idealistic, Paz is determined to join the

Marxist revolutionaries in the southern provinces of Spanish Guiana: the 'Movimiento de Accion Marxista', the 'MAM' of the title.

Arriving in Spanish Guiana, Paz meets Ralph Lucas, an Australian former army surgeon, sent by his employer to assess the merits of supplying medicines to the people of the southern provinces. Meeting with the Mamista leaders, charismatic Ramon and the enigmatic Inez Cassidy, the two men become involved, Paz intentionally, Lucas unwittingly with the activities of the guerrillas.

A kidnapping, intending to grab two American citizens from an oil research station, goes badly wrong when the wife of one of the hostages is killed.

The fast paced, thrilling narrative moves between the guerrillas, the White House and the 'Federalistas', the Spanish Guiana government's ruthless police force, hunting the Mamistas. The involvement of the C.I.A. becomes evident as the trade off between a new source of crude oil for the US, the 'management' of the cocaine trade and the possible advantages to the US of supporting Mamista are evaluated. The US President's ruthless and manipulative 'Special Advisor' emerges as a key player in the unfolding story.

Above reviews written by Robert Jackson.

Next month: Sarah Waters and Daphne du Maurier.

Stamboul Train by **Graham Greene**

published in 1932

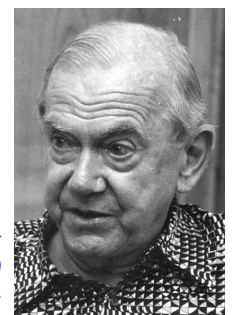
This superbly crafted story is set around the time of writing, on the 'Orient Express' train, travelling between Ostend and Constantinople (Istanbul), via Cologne, Vienna, and Belgrade.

Wealthy Jewish businessman Carleton Myatt, strolling through the train, comes across showgirl and dancer Coral Musker, seated in second class. Clearly distressed and feeling ill, Coral is helped from the cabin by Myatt who then seeks medical help. Fellow passenger Dr Richard John comes to Coral's assistance. Myatt and Coral subsequently become involved in a romantic relationship.

Travelling journalist Mabel Warren realises that Dr John is actually Dr Richard Czinner, missing since absconding from his trial for treason in Belgrade, five years earlier. Determined to secure a scoop, Mabel leaves the train when it stops at Vienna station to telephone her London newspaper. Her handbag is stolen by Josef Grunlich, a petty criminal. Grunlich, using Mabel's money, joins the train, leaving Mabel stranded in Vienna.

Mabel Warren's newspaper prints her bulletin, resulting in the train being halted and searched at Subotica, near Belgrade. Czinner is apprehended and held in custody, awaiting the arrival of the chief of police from Belgrade. Coral and Josef are unwittingly caught up in the confusion of the search and miss the departing train. When the train breaks down a few miles along the track, Myatt realises that Coral is not aboard, so he pays a local resident to drive him back to Subotica to look for her.

The plot now takes a more sinister turn with unexpected consequences for some of the characters. To avoid further 'spoilers' I'll give no more details!



Graham Greene in 1975. FOTO:FORTEPAN / Magyar Hírek folyóirat, CC BY-SA 3.0 via Wikimedia Commons



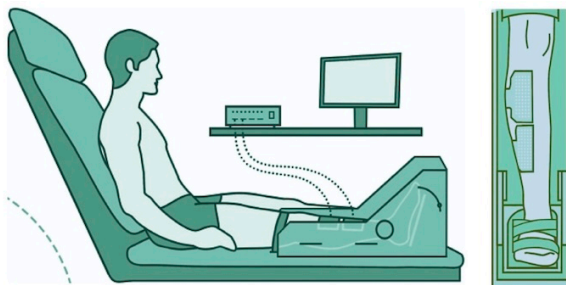
Two Research Studies: Call for Participants

Aging and Muscle Health Research

You may remember in the April issue of *News & Views* there was a call for participants for a muscle control study by Chris Connelly, a Doctoral Researcher in Neuromuscular Physiology in the School of Sport, Exercise and Health Sciences at Loughborough University. It seems that 10-15 Cu3a members signed up and completed that study which was very helpful to the research.

Chris now has another study running which is quite similar but much less of a time commitment - only one session - though this one is only for **males aged 65 - 88 years old**. Details are on the right.

If you fit the criteria and are interested in participating, please contact Chris Connelly on c.connelly@lboro.ac.uk



Eligibility

- Males ages 65+
- Individuals of any activity level

What will you do

- Different muscle contractions using ankle flexor muscles to measure muscle activity and control
- Force tracking tasks

Time commitment

- One visit to Loughborough University campus
- ~1 hour 30 mins

c.connelly@lboro.ac.uk

LEON ID: 14575

Designing Better Ways to Support Future Healthcare

As featured in last month's *News & Views*, Doctoral Researcher Ning Fu of Loughborough University's School of Design and Creative Arts is still looking for more participants for her study which aims to design health management tools that better support older people in managing their long-term conditions.

Criteria for participation in the study:

- adults aged 65 or older (born 1959 or earlier)
- have more than one physical chronic condition
- living independently at home alone or with another older adult

You would be invited for a friendly interview (approx. 1 hour), conducted one-to-one, in person, at a time convenient for you, normally in the Design School Building (but adjustments can be made on demand). During the interview, you will be asked about your thoughts and experiences of how you manage your health conditions in your daily life. There are no right or wrong answers; the researchers are simply interested in understanding what works or doesn't work for you.

You are welcome to ask any questions before deciding whether to participate, and can withdraw at any time (even during the interview), for any reason, without needing to provide an explanation.

After interview, each participant will receive a £13 gift card from a local supermarket as a token of appreciation.

Interested? Contact Ning Fu on Z.Fu@lboro.ac.uk or 0789 9543 065.

WE NEED YOU

to help us to design better ways to support future healthcare.

Your participation will help researchers understand health management challenges and design better tools, potentially benefiting you and your peers.



Give your time, make a difference!

If you are interested in participating or would like more information, please contact Doctoral Researcher,

Ning Fu
Z.FU@LBORO.AC.UK
0789 9543 065 (Tel & WhatsApp)

Upcoming Local Events

Remembrance Day Events

Queen's Park in Loughborough will again host the poignant Remembrance Sunday event on **November 10th**. People will gather at the **Carillon Tower**, the town's War Memorial, to honour past and present members of our armed forces.

This year's Remembrance Sunday Parade will start from the **Market Place at 10.20 am** and make its way through the town centre and to the Carillon Tower, where the service will start at **10.50 am**. Charnwood Borough Council will be live streaming the service on its YouTube channel.

Armistice Day will be commemorated on **Monday, 11th November**, with a service at **10.50 am at the Carillon Tower**.

For details of the above events, see: <https://www.charnwood.gov.uk/pages/remembrance>

There will also be a **War Poetry Reading at the Carillon Tower from 11:15 am - 12:15 pm on 11th November**. This free public event celebrates poetry of all forms from famous and local war poets and contemporary and BAME poets writing about the trauma of armed conflict. For more details, see: <https://www.lboro.ac.uk/news-events/events/war-poetry-reading/>



Entry FREE

All Saints with Holy Trinity
Loughborough's Historic Parish Church

Community Christmas Tree Festival

SATURDAYS & THURSDAYS
from 30th November to 21st December

10AM-4PM

ALL SAINTS PARISH CHURCH, LOUGHBOROUGH
Steeple Row (top of Churchgate), LE11 1UX

FREE ENTRY
SPARKLING TREES
GIFT STALLS
CHILDRENS CRAFTS
(Saturdays 11am-3pm)
Pay as you feel.
No booking required

TOMBOLA
FESTIVE REFRESHMENTS

The Christmas Tree Festival (see left) starts with an opening night of Beer and Carols on **Friday 29th November at 7:30 pm** (tickets £5). For details, see: <https://allsaintsloughborough.org.uk/>

Lunchtime Concert at Emmanuel Church

Thursday 21st November, 12:45 - 1:30 pm

A concert by the Granta Trio:
Jane Bevan • flute,
Philippa Jones • cello and
Maurice Hodges • piano.



Making their first visit to Emmanuel Lunchtime concerts, the Granta Trio perform music by Beach, Haydn, Debussy (arranged Hodges), Grieg (arranged Hodges) and Piazzolla.

The concert starts at 12.45 pm but a Soup and Roll lunch will be served from 12.00.

This is a free event, but donations are most welcome to cover expenses.

<https://www.facebook.com/emmanuelconcerts>



Loughborough University Inaugural Lectures:
Wednesday 27th November, 5 pm, Edward Herbert Building, 110b

Delivering net-zero, quality & productivity: will the future of construction be shaped by 3D concrete printing?

Professor Richard Buswell

School of Architecture, Building and Civil Engineering

Can the same person be both a pharmacologist and an engineer?

Professor Karen Coopman
Department of Chemical Engineering

For details & booking form, see: <https://www.lboro.ac.uk/inaugural-lectures> and follow the links.

More Loughborough University events are at: <https://www.lboro.ac.uk/news-events/events/>

Loughborough Library Local Studies Volunteer Group
presents an exhibition



Loughborough's Art Deco Heritage

Can you identify where these architectural gems are to be found in Loughborough?



All will be revealed from
7th November 2024 to 30th January 2025

**Loughborough Library
Granby Street**

Free admission during
Library opening hours



Loughborough's Art Deco Heritage Exhibition

From Thursday 7th November, at Loughborough Library, every day except Wed & Sun (See poster, left)

Raising the Roof

Saturday 30th November, 7 pm,
Hodson Hall, Loughborough
Grammar School

You will have read in October's News & Views that the annual musical extravaganza called "Raising the Roof" is here again in Loughborough on Saturday 30th November.



Charnwood Community Choir is actually an amalgam of many local choirs all led by Caroline Sharpe, and it will share with Loughborough Concert Band, conducted by Dave Coble, to provide music for all ages. The concert is organised by Loughborough Beacon Rotary in aid of various charities including Marie Curie and Cancer Research.

Tickets are £10 and £5 and the best way to ensure you get one is via www.beaconrotary.org

Neil Rowbotham



Charnwood Orchestra

Charnwood Orchestra's next concert is at Emmanuel Church, Loughborough, on Saturday 30th November at 7:30 pm

The concert is entitled 'Romance and Intrigue' and the programme includes:

- Glinka – Ruslan and Ludmilla Overture
- Glazunov - Concert Waltz No.2
- Tchaikovsky – Rococo Variations, featuring Danushka Edirisinghe - Leicestershire's own virtuoso cellist, currently completing studies at the Royal Academy of Music
- Rimsky Korsakov – Scheherazade

Tickets may be reserved in advance from tickets@charnwoodorchestra.org.uk or from the Orchestra website.

Prices are £16 Adult, £14 Concessions and £5 Students and U18s.

Further information is on their website at: <https://www.charnwoodorchestra.org.uk>



the Charnwood Orchestra
Music Director Nic Fallowfield
Patron Thomas Bowes
Est. 1973

Romance and Intrigue

Saturday 30th November 2024 7:30pm

**Emmanuel Church
Forest Road
Loughborough LE11 3NW**

**Conductor Nic Fallowfield
Cello Danushka Edirisinghe**



Danushka Edirisinghe

Tickets:

- The Orchestra website
- tickets@charnwoodorchestra.org.uk

News from the National u3a



Third Age Trust AGM

The TAT AGM, held earlier this month, saw several momentous changes, including a new leadership team, with a new CEO, Chair and Vice Chair. The meeting also saw members vote on a resolution to change the articles of association of the Third Age Trust. This passed with 905 out of 1073 total votes in favour. The Board and staff will now start working towards a new governance structure, which will include a smaller Board and a Council made up of regional u3a representatives. Both will be in place by April 2025.

Learn to Live: A blueprint for better health and wellbeing

Launched on 1st October, this showcases the positive impact that non-formal learning can have on wellbeing, as evidenced within the u3a movement. Read the report on the u3a website at:

<https://www.u3a.org.uk/our-impact/learn-to-live>

Free On-Line Events this Month include:

- **Summing up the 19th Century** with Ian McCannah and David Martin, Thu 7 Nov at 2 pm
- **Collective housing for healthy aging** with Owen Jarvis, Tue 19 Nov at 2 pm

For details of these and other upcoming free on-line events offered by the National u3a, including how to book, go to: <https://www.u3a.org.uk/events/educational-events>

Friends Newsletter and More:

Register to receive the National u3a 'Friends' newsletter regularly at <https://www.u3a.org.uk/newsletter> where you will also find a link to recent issues. There are more learning initiatives on the u3a National programmes page at: <https://www.u3a.org.uk/learning/learning-activities> and the u3a learning blog **Sources** containing posts by u3a members, covering a wide range of topics at: <https://sources.u3a.org.uk>

Obituary

Ute Maria Foggensteiner 1940 - 2024

We were sad to hear that this longstanding Charnwood u3a member and former group leader had recently died, and we pass on our condolences to her family and friends.

David Fell has provided the following tribute:

Ute Foggensteiner came to England with her husband in 1965 from Vienna, having been born there in 1940 in an era of great upheaval and austerity. The resilience required to survive such times was evident in her later life. They had lived in Lucca, Italy before the UK, and it was there that she embraced the Italian language, for which those of us who encountered her in the Cu3a Italian conversation group were grateful.

Moving to Canada in 1967, she studied linguistics and Russian at McGill University, Montreal before returning to Buckinghamshire in 1977 prior to arriving in Leicestershire in 1983. She continued in academic activities and graduated from the University of Leicester in 1989 with a degree in History of Art. Ute then taught German and Italian at both Leicester and De Montfort Universities, retiring in 2000.

Charnwood u3a was then able to benefit from Ute's energy and enthusiasm for language and learning. She joined the Italian conversation group and became its group leader in 2014 until 2018, maintaining her customary high but fair standards. She was extremely well-read and joined book groups and a political discussion group. She joined the Cu3a Classical Civilisation group in 2021 and was a regular and enthusiastic contributor.

Her generosity of spirit, wry humour and linguistic experience were much appreciated by those who were fortunate to meet her. She will be sadly missed.

Rodney Neale-Broughton

We are sad to report that Rodney Neale-Broughton passed away on 23rd October. He was a member of the Days of Interest and Theatre groups. Our sympathies go to his wife Carol, also a member of Charnwood u3a, and we send our condolences to her and all their family and friends.

Items for News & Views

Do you have an announcement, story, poem - or even a short comment - to share with your fellow Cu3a members? All contributions are very welcome, and we can preserve your anonymity if you prefer that your name does not appear in the newsletter.

There is a limit of around 500 words per item, and photos are very welcome - but please ensure you have permission of anyone identifiable in the photos.

To enable the newsletter to be compiled in time for delivery to members at the start of each month, the deadline for receiving items will normally be the last day but one of the previous month. The deadline for the **December** issue of **News & Views** will be **Friday 29th November (12 noon)**.



Please send your contributions to the Newsletter Editor at: newsletter@charnwoodu3a.org.uk

Please make sure you include your contact details with your item, and try not to leave it until the last minute if at all possible.

The Editor reserves full editorial rights as to length and suitability and the Editor's decision is final.

News & Views is sent to all Charnwood u3a members by email link (or, for those without email, by post) before the monthly meeting. It is also available to read on the Charnwood u3a website each month at <https://www.charnwoodu3a.org.uk> under the News menu.

Thank You!

Helen Reid
Newsletter Editor
Charnwood u3a



Committee, Support Teams and Group Leaders' Details

Names, photos and email links for all the current Committee members can be found on our website under 'Contact', along with details of our Support Teams. In the case of our Membership Secretary and Web Manager, phone numbers are also given, as are those of our IT Help Desk Team.

The names and generic email addresses of Group Leaders for each group can be found on that group's dedicated website page, accessed via the Groups Lists.

Note: Where personal contact details appear in News & Views, these are included with permission.



Committee Meetings

Don't forget that members are always welcome to attend any of our Committee meetings on the **second Wednesday of the month** (10 am - noon) in John Storer House, by prior arrangement, as observers. If you would like to attend one of these meetings and see what we do, please contact our Chair on chair@charnwoodu3a.org.uk

Some other useful u3a web addresses:

National u3a: <https://www.u3a.org.uk>

The Association of East Midlands u3as: <https://www.eastmidlandsu3as.org.uk>

