



# CHARNWOOD UNIVERSITY OF THE THIRD AGE

## GROUP ACTIVITIES – DECEMBER 2018

GROUP	TIME	DAY	WEEK
Aerobics/Exercise	8.50 am	Wednesday	Weekly
Archaeology	2.00 pm	Monday	Second
Architecture	2.00 – 4.00 pm	Thursday	Fourth
Art Appreciation	2.00 pm	Friday	Third
Badminton	10.00 am	Friday	Weekly
Beading	10.00 am - noon	Monday	1st and 3rd
Books 1	2.00 pm	Wednesday	First
Books 2	2.00 pm	Friday	First
Books 3	2.30 pm	Tuesday	Third
Bowls - Indoor	2:00 – 4.00 pm	Thursday	Weekly
Bowls - Outdoor	2:00 – 4.00 pm	Thursday	Weekly
Bridge	2.00 pm	Thursday	Weekly
Calligraphy	2.00 pm	Tuesday	Second
Canasta 1	2.00 pm	Tuesday	Weekly
Canasta 2	3.00 – 5.30 pm	Monday	1st, 3rd, 5th
Chess	2.00 pm	Monday	Fortnightly
Classical Civilisation	10.00 am	Friday	Second
Classical Greek	10.00 am - noon	Wednesday	2nd
Classical Music Enjoyment	2.00 pm	Wednesday	Fourth
Cribbage 1	2.00 pm	Tuesday	2nd & 4th
Cribbage 2	2.00 pm	Wednesday	1st & 3rd
Dance 1	2.00 – 4.00 pm	Tuesday	2nd & 4th
Dance 2	9.00 am - noon	Friday	Weekly
Days of Interest	By arrangement	Saturday	Third
Digital Imaging	2.00 pm	Monday	2nd & 4th
English Parish Churches 1	10.00 am	Tuesday	Second
English Parish Churches 2	2.00 pm	Tuesday	Second
Family History Discussion	2.00 pm	Wednesday	Third
Film Group	10.30 am	Wednesday	2nd
French Conversation	2.00 pm	Thursday	First & Third
French (Intermediate)	2.00 pm	Thursday	Alternate
(Conversation) Française	2:15 – 3:15 pm	Monday	Second
Gardening	2.00 pm	Monday	Third
German	10.00 am - noon	Wednesday	1st & 3rd
German (advanced)	10.00 am	Friday	1st & 3rd
Golf	10.00 am	Wednesday	Weekly
Gym Fitness	9.45 am	Tuesday	Weekly
History 1	9.30 am	Wednesday	Fourth
History 3	10.00 am	Wednesday	Fourth
Italian Int/Advanced	2.00 pm	Wednesday	Third
Jigsaw Puzzle Exchange	10.00 am	Wednesday	First
Latin	10.00 am	Monday	First
Life Story Writing	11.00 am	Friday	Fourth
Local History	2.00 pm	Monday	Fourth
Lunch Club 1	12 noon	Friday	First
Lunch Club 2	12/12.30 pm	Wednesday	Second
Lunch Club 3	12.30/1.00 pm	Wednesday	Third
Mac Users Forum	2 – 3.30 pm	Friday	Last
Mah Jong 1	2.00 pm	Thursday	Weekly
Mah Jong 2	9.30 am	Wednesday	Weekly
Making Music	2 pm	Thursday	2nd & 4th
Mini Tennis	10.00 am	Wednesday	Weekly
Needlecraft 1	10.00 am	Friday	2nd & Last
Needlecraft 2	10am – 12	Tuesday	Fourth
Painting	2.00 pm	Monday	Second
Philosophy	2.00 pm	Tuesday	Fourth
Photography	10.30 am	Friday	1st & 3rd
Pilates 1 - 1 hour session	12.15	Monday	Weekly

<b>GROUP</b>	<b>TIME</b>	<b>DAY</b>	<b>WEEK</b>
<b>Play Reading &amp; Drama</b>	9.45 am	Wednesday	Third
<b>Poetry</b>	10.00 am	Monday	Second
<b>Quiz</b>	2.30 pm	Monday	Second
<b>Science &amp; Technology 1</b>	10.00 am	Thursday	First
<b>Science &amp; Technology 2</b>	10.00 am	Thursday	First
<b>Scrabble 1</b>	10.00 am	Friday	2nd & 4th
<b>Scrabble 2</b>	2.00 pm	Wednesday	1st & 3rd
<b>Scrabble 3</b>	10.00 am	Tuesday	2nd & 4th
<b>Scrabble 4</b>	2.15 pm	Thursday	3rd Thurs
<b>Singing for Pleasure</b>	2.00 pm	Tuesday	1st & 3rd
<b>Snooker</b>	2.00 pm	Tuesday	1st & 3rd
<b>Spanish</b>	10.00 am	Tuesday	1st & 3rd
<b>Spanish Conversation</b>	10.00 am	Thursday	1st
<b>Sunday Lunch Club 1</b>	12.30 pm	Sunday	Second
<b>Sunday Lunch Club 2</b>	12.30 pm	Sunday	Fourth
<b>Supper Club 1</b>	6.30 pm	Wednesday	Fourth
<b>Supper Club 2</b>	6.30 pm	Thursday	Third
<b>Table Tennis 1 *</b>	11.00 am	Monday	Weekly
<b>Table Tennis 2 *</b>	11.00 am	Tuesday	Weekly
<b>Table Tennis 3 *</b>	11.00 am	Wednesday	Weekly
<b>Table Tennis 4 *</b>	11.00 am	Thursday	Weekly
<b>Table Tennis 5 *</b>	11.00 am	Friday	Weekly
<b>Table Tennis 6 *</b>	12 noon	Friday	Weekly
<b>Table Tennis 7*</b>	10.00 am	Friday	Weekly
<b>Tai Chi</b>	10.00 am	Friday	Weekly
<b>Textile Art</b>	10.00 – 3.00	Wednesday	Second
<b>Theatre Group</b>		By arrangement	
<b>Travel Group</b>	10.30 am	Thursday /Friday	Every 2 months
<b>Wine Appreciation</b>	7.30 pm	Friday	Monthly

### **WALKING GROUPS**

We have walking groups on Tuesdays, Thursdays and Saturdays. The groups walk at different speeds as well as different distances.